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President's Notes

Spring is Coming!

The Regional Convention is in Dubuque, IA, April 27-29. It looks like we will have a good representation by members. If you have not signed up there is still plenty of time. If you have not attended a convention or you are a new member this would be a good one to attend. We will be hosting a hospitality room in an attempt to host the 2009 Convention.

Jay Hesley and Scott Heck will be giving a program on April 6th. If we are successful on the bid for the convention, we will need everyone's help one way or another.

We have 2 casinos left, March 18th and May 18th. Tom has done a wonderful job this year and if you have not done a casino this year, consider signing up for one these 2. THANK YOU!

Last month we gave our "Sertoman of the Year" award to Stephanie Yrjo. Steph is a strong member and helps wherever needed. If you have not done already, congratulate her. Our "Service to Mankind" award will be given out shortly.

I will let you know as soon as we can get the gentlemen to come to a meeting. It would be nice if we could have attendance high. Give Jerry Monahan a big thank you for his work on these to awards.



The membership committee is working hard on solutions to increase membership, they will be giving us more details later. Keep in mind, when talking to friends, business partners, etc--ask them to join us for breakfast to learn more about Sertoma.

Last but not least, it is cold/flu season and this is a friendly reminder that the hearing impaired have a very difficult time--it never fails colds seem to settle in the ears for us, so please look at us and speak clearly!

Thanks

Monica Hensley
Schmidt Printing -
Community Connection Media

NEWS

Sertoma 700 Club

sertoma700.com

The SERTOMA Board of Directors

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Chairman of the Board	Scott Heck
President	Monica Hensley
Vice-President Sponsorship	Trent Fluegel
Vice-President Finance	Tom Torkelson
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Chaplain	Bob Groettum
Membership	Stephanie Yrjo
Programs	Dan Hovel
Social	Barb Flicker
Website	Jackie Brown
At Large	Marge Kelley

District Governor Charlie McCoy

BIRTHDAYS

January

2	Greg Walters
13	Russ Hinz
29	Bob Saunders

February

11	Mark Paczosa
18	Mike Zinser
19	Monica Hensley

March

5	Duane Coffman
9	Eric Heins
18	Don Olson
22	Gene Kreinbring

Apologies from the Newsletter Editor

As you may have already noticed this is a consolidated 1st Quarter newsletter. Mostly due to some unforeseen circumstances from the editor, but one factor that slows down the production of this communication is slow or lack of submittal of items. Please help make this newsletter a success by doing a few simple things. One, if asked please agree to be the Sertoman of the month. You were chosen because of your great contributions to the club, share your stories with others! Two, if you have items for the newsletter, send them in, although many comment they love my witty writing style, they are liars. They really want to hear what you have to say. Thanks in advance for your help!!

Jackie

From the Sarge!

Steve Sherwood our esteemed Sertoma 700's Sergeant-at-Arms has a few reminders on the rules of the road.

- Sertoma pins are made to be worn! Not just to meetings but throughout the day. Please wear your pin proudly! You never know the next person to inquire about your pin, might be a great potential member. This also means that stabbing your pin through your name badge does not count! Not wearing your pin or having it stabbed through your badge will result in a fine.
- Speaking of fines, here are a few more of Steve's fineable offences (money makers), that help make our meetings and club run more smoothly:
 - Late arrival
 - Cell phone ringing during a meeting
 - Holding side conversations while speaker are presenting or reading the paper.
 - Announcement about your business

Regional Convention Bid

While it's still very preliminary, Jay Hesley and Scott Heck have begun meeting to plan a bid for the regional Sertoma convention to be held in the spring of 2009. We have had a variety of conversations with other recent hosts, chairs of the most recent convention held here, and other members. We have recruited several to participate in this planning.

Over the next several months, we need to submit a letter of indication to our Sertoma ID (International Director), come up with early plans - including a theme, make a presentation to the club, and a presentation to the regional convention in Dubuque held April 27-29. It will be very important to have strong member participation in this, and the coming, conventions. We will be hosting a hospitality room at this convention and subsequent conventions should we get this bid.

If you have any thoughts or ideas particularly regarding a theme, or would like to participate in the planning, call Jay or Scott

Schedule of Future Events

August 17, 2006

Presidents Golf
Tournament Willow Creek Golf Course

Pictures from the Sertoma Christmas Party



Casino Corner

Upcoming Casino's to add to your calendar.

Please remember to sign up for Casinos the more people who volunteer the more success for the club. Year to date we have made over \$15,000

3/18/06	Mayo Ecco Lab	Willow Creek	6:00 -8:30	8 Tables
5/18/06	MN Home Care Ass	Kahler	TBD	20 Tables.

Upcoming Meetings

<i>Date</i>	<i>Program</i>	<i>Greeters</i>
March 23, 2006	Chuck Johnson	Mark Jasmin & Jay Hesley
March 30, 2006	Mark Jasmin	Scott Heck & Tom Harnack
April 6, 2006	Scott Heck & Jay Hesley	Tom Harnack & Jeff Hagge
April 13, 2006	Tom Harnack	Jeff Hagge &

If you have questions or need ideas for a program, please contact Dan Hovel at danhovel@clearchannel.com or 951-1671.

Other Stuff

January usually means New Years Resolutions, often the pledge to loose weight tops many lists. The News of the Weird offers a new diet that you may not have tried.

A bold weight-loss program of the Life of Life Healing Spa in Hong Kong involves actually setting fire briefly to the parts of the body holding the most fat, according to a December dispatch in London's Daily Telegraph. According to owner Karen Chu, the fire follows an energy flow "reading," full-body exfoliation, high-pressure hose spray, and herb-and-potion and alcohol rub-downs (but wet towels and a fire extinguisher are at the ready in case of problems). Chu said about 100 clients have undergone the treatment, with no complications, and the ones interviewed by the Daily Telegraph reporter praised the service. Chu said the treatment is based on traditional Chinese medicine, but a Hong Kong doctor interviewed by Agence France-Presse said, "I have never heard of such a thing."

[Daily Telegraph (London), 12-4-05]

Please contact Jackie Brown with any suggestions or additions to newsletters.